Physical Checkup Plan for The Hong Kong Institute of Directors



Enhanced Health Screening Plan – conducted in Wong Chuk Hang Clinic (GHW)

Valid period: 1 January 2024 – 31 December 2024

		M	F
Detailed Medical History (incl. Lifestyle & Family History)		✓	✓
eneral Health Assessment		✓	√
lood Pressure, Height, Weight, Body Mas	s Index & Waist Circumference)	•	•
eneral investigations & Procedures			
Cardiac Examinations	Electrocardiogram (ECG), Exercise Treadmill Test	✓	✓
Diagnostic Imaging	Chest X-ray	✓	✓
	Mammogram or US Breast [Female]		✓
	Ultrasound of Abdomen & Pelvis [Male]	✓	
boratory Tests			
Blood Analysis	Complete Blood Count, Iron	✓	✓
Cardiovascular Disease Risk	C-Reactive Protein (CRP)	✓	✓
Hepatitis Screening	HAVAb, HBsAg, HBsAb & HCVAb	✓	✓
Renal Function	Urea, Creatinine, eGFR	✓	✓
Liver Function	S.G.O.T. (AST), S.G.P.T. (ALT), Alkaline Phosphatase, Total Bilirubin, Direct Bilirubin, Gamma GT, Total Protein, Globulin, Albumin & A/G Ratio	✓	✓
Diabetes Screening	Glucose, Fasting & HbA1c	✓	✓
Lipid Profile	Total Cholesterol, HDL Cholesterol, LDL Cholesterol, Triglycerides	✓	✓
Thyroid Function	Free T4	✓	✓
Gout Screening	Uric Acid	✓	✓
Urine Routine Examination	Urinalysis	✓	✓
Stool Test	Occult Blood	✓	✓
Helicobacter Pylori Screening	Urea Breath Test (UBT)	✓	✓
Tumor Markers	Epstein-Barr Virus, Alpha Fetoprotein (AFP), Carcinoembryonic Antigen (CEA), CA19.9	✓	✓
	Prostatic Specific Antigen (PSA) [Male]	✓	
	CA15.3 [Female]		✓
hers Modical Consultation and Por	port Anglysis	√	√
Medical Consultation and Rep	on analysis medication shall not be provided for the health assessing		v

[•] Follow-up consultation, treatment or medication shall not be provided for the health assessment.

Original Price: Male HK\$15,088; Female HK\$18,108

Special Price: Male HK\$7,500; Female HK\$7,800

Booking procedures

- 1. Prior appointment is necessary.
 - · Gleneagles Healthcare Wong Chuk Hang, Hong Kong
 - Address: 10/F, Marina 8, 8 Heung Yip Road, Wong Chuk Hang, Hong Kong
 - Opening hours

Monday – Friday: 0900-1300; 1400-1800, Saturday: 0900-1300 Closed on Sunday and public holidays

- Phone: (852) 3903 8668
- 2. The member shall present membership card upon registration, while dependent is required to present the copy of his/her spouse's membership card to enjoy the offer.
- 3. Gleneagles Healthcare reserves the right to amend any of the above terms and conditions without prior notice. In case of any dispute, Gleneagles Healthcare decision is final.