## Physical Checkup Plan for The Hong Kong Institute of Directors



## ■ Checkup Plan 1 – conducted in Central Clinic (GMC)

Valid period: 1 January 2024 – 31 December 2024

		M/F
Detailed Medical History (incl. Lifesty	rle & Family History)	✓
General Health Assessment	, ,	
(Blood Pressure, Height, Weight, Body	Mass Index & Waist Circumference)	✓
Eye Examinations	Visual Acuity	✓
General investigations & Procedure	S	
Cardiac Examinations	Electrocardiogram (ECG)	✓
Diagnostic Imaging	Chest X-ray	✓
Laboratory Tests		
Blood Analysis	Complete Blood Count, ESR,	
	Blood Grouping (Rh Factor) (1st time user	$\checkmark$
	only)	
Renal Function	Urea, Creatinine, eGFR	✓
Electrolytes	Sodium, Potassium, Chloride, Phosphorus,	✓
	Total Calcium, Corrected Calcium	•
Liver Function	S.G.O.T. (AST), S.G.P.T. (ALT), Alkaline	
	Phosphatase, Total Bilirubin, Direct	✓
	Bilirubin, Gamma GT, Total Protein,	•
	Globulin, Albumin, A/G Ratio	
Diabetes Screening	Glucose, Fasting	✓
Hepatitis Screening	HAVAb, HBsAg, HBsAb & HCVAb	✓
Lipid Profile	Total Cholesterol, HDL Cholesterol, LDL	
	Cholesterol, Triglycerides, Total/ HDL Ratio	✓
Gout Screening	Uric Acid	✓
<b>Urine Routine Examination</b>	Urinalysis	✓
Stool Test	Occult Blood	✓
Medical Consultation and Report Analysis		✓

Follow-up consultation, treatment or medication shall not be provided for the health assessment

Original Price: HK\$7,575

Special Price: HK\$4,090

## **Booking procedures**

- Prior appointment is necessary.
- 2. Gleneagles Medical Clinic Central Hong Kong
  - Address: Unit 2008B, 20/F, New World Tower 1, 16-18 Queen's Road Central, Hong Kong
  - Opening hours

Monday – Friday : 0900 - 1330 ; 1430 - 1800 , Saturday: 0900 - 1300 Closed on Sunday and public holidays

- Phone: (852) 2810 9188
- 3. The member shall present membership card upon registration, while dependent is required to present the copy of his/her spouse's membership card to enjoy the offer.
- 4. Gleneagles Hospital Hong Kong reserves the right to amend any of the above terms and conditions without prior notice. In case of any dispute, Gleneagles' decision is final.