

## The Hong Kong Institute of Directors

### Plan 1

HK\$2400

Detailed Medical History		詳細病歷調查	
Physical Examination		體格檢查	
Laboratory Investigations	:	病理化驗包括:	
Haematological Tests (for Anaemia & blood disease)	Complete Blood Count Blood Grouping (Rh factor)	血液檢驗 :	全血球計 血型及 Rh 因子
Kidney Function:	Urinalysis (10 SG and microscopy) Serum Urea, Creatinine Serum Sodium, Chloride Serum Potassium	腎功能 :	尿液常規檢查 血尿素, 肌酸酐 鈉, 氯 鉀
Liver Function :	AST / S.G.O.T., ALT / S.G.P.T. Serum Bilirubin Alkaline Phosphatase Gamma GT, Total Protein Globulin (incl. albumin)	肝功能:	谷草轉氨酶, 谷丙轉氨酶 膽紅質 鹼性磷酸酶 丙種谷氨轉酶, 蛋白酶 球蛋白(包括白蛋白)
Hepatitis A Screening :	Total Anti – HAV	甲型肝炎檢查:	總甲型肝炎抗體
Thyroid Function :	TSH	甲狀腺功能:	促甲狀腺激素
Gout Screening :	Uric Acid	痛風症檢查 :	尿酸
Venereal Screening : (test for Syphilis)	VDRL / RPR	性病測試 :	梅毒血清檢驗
Diabetes Screening :	Blood Glucose	糖尿病測試 :	血糖
Bone Metabolism :	Calcium, Phosphate	骨骼新陳代謝:	鈣, 磷酸鹽
Lipids Profile B (Screening Test for risk factors for coronary artery disease)	Total Cholesterol HDL – Cholesterol LDL – Cholesterol Triglycerides	血脂肪 B (冠心病危機測試):	膽固醇 高密度膽固醇 低密度膽固醇 三酸甘油脂
Stool Tests		糞便檢驗	
Screening for parasites :	Microscopy	糞便細菌檢查:	大便蟲卵檢查
Screening for colon cancer :	Occult Blood	結腸癌測試 :	糞便內潛血
AIDS Screening:	HIV (I / II)	後天免疫力缺乏測試:	愛滋病病毒抗體
Cancer Screening :		癌症檢驗 :	
Cervix (for female only):	Pap Smear	子宮頸(女士) :	柏氏子宮頸抹片檢查
Prostate (for Male only):	PSA	前列腺(男士) :	前列腺癌抗原
Diagnostic Procedures			
Lung Imaging Test :	Chest X-ray	肺影像檢驗 :	胸部 X 光(照肺)
Lung Function Test :	Vitalograph	肺功能檢驗 :	肺功能檢驗
Hearing Test :	Audiogram for air	聽覺測試 :	聽覺敏度圖
Test of Cardiac Rhythm & Detection of Cardiac Strain:	Electrocardiogram (ECG)	心動律及心臟勞損檢驗:	心電圖
Medical Report		驗身報告	
Follow Up Consultation (if required)		醫生跟進會診	

## The Hong Kong Institute of Directors

### Plan 2

**HK\$910**

Detailed Medical History		詳細病歷調查	
Physical Examination		體格檢查	
Laboratory Investigations	:	病理化驗包括:	
Haematological Tests (for Anaemia & blood disease)	Complete Blood Count Blood Grouping (Rh factor)	血液檢驗 :	全血球計 血型及 Rh 因子
Kidney Function:	Urinalysis (10 SG and microscopy) Serum Urea, Creatinine	腎功能 :	尿液常規檢查 血尿素, 肌酸酐
Liver Function :	ALT / S.G.P.T. Alkaline Phosphatase	肝功能:	谷丙轉氨酶 鹼性磷酸酶
Gout Screening :	Uric Acid	痛風症檢查 :	尿酸
Diabetes Screening :	Blood Glucose	糖尿病測試 :	血糖
Lipids Profile B (Screening Test for risk factors for coronary artery disease)	Total Cholesterol Triglycerides	血脂肪 B (冠心病危機測試):	膽固醇 三酸甘油脂
Stool Tests		糞便檢驗	
Screening for parasites :	Microscopy	糞便細菌檢查:	大便蟲卵檢查
Cancer Screening :		癌症檢驗 :	
Cervix (for female only):	Pap Smear	子宮頸 (女士) :	柏氏子宮頸抹片檢查
Prostate (for Male only):	PSA	前列腺 (男士) :	前列腺癌抗原
Diagnostic Procedures			
Lung Imaging Test :	Chest X-ray	肺影像檢驗 :	胸部 X 光 (照肺)
Medical Report		驗身報告	
Follow Up Consultation (if required)		醫生跟進會診	
<b>*Optional Test doing as part of physical at extra cost:</b>		<b>*同一次檢查,選擇性測試(另行收費):</b>	
Cancer Screening :		癌症檢驗 :	
Mammography (for female only):	HK\$870/exam	乳房造影圖(女士):	HK\$870
Treadmill Test (Stress ECG):	HK\$1800/exam	心臟耐力測試 (運動後心電圖):	HK\$1800
Colonoscopy:	HK\$5000/exam	結腸直腸癌症檢查:	HK\$5000

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### Locations for Physical Check-up

LOCATION	ADDRESS	TEL
Admiralty 金鐘	Unit 1605-09, 16/F, Admiralty Centre, Tower I, 18 Harcourt Road, Admiralty, Hong Kong 香港夏愨道 18 號金鐘海富中心第 1 期 16 樓 1605-09 號舖	2529-8668
Causeway Bay 銅鑼灣	Rm 2401 Hang Lung Ctr, 2 Paterson St, Causeway Bay, Hong Kong 香港銅鑼灣百德新街 2 號恒隆中心 2401 室	2895-1163
Mongkok 旺角	801-2, 805-6 Wai Fung Plaza, 664 Nathan Rd, Mongkok, Kowloon 九龍旺角彌敦道 664 號惠豐中心 8 樓 801-2,805-6 室	2390-3398
Sheung Wan 上環	1/F 303 Des Voeux Road, Central, Sheung Wan, H.K 香港上環德輔道中 303 號 1 樓	2975-2328
Central 中環	501-507 Prince's Building, Central, Hong Kong 香港中環太子大廈 501-507 室	2523-8166
Tsimshatsui 尖沙咀	Rm 608-612 HK Pacific Centre, 28 Hankow Road, TST, Kowloon 九龍尖沙咀漢口道 28 號亞太中心 6 樓 608-612 室	2367-3011
Shaukeiwan 筲箕灣	Shop 2, G/F, Eastway Towers, Nos. 59-99 Shau Kei Wan Main St E. HK 香港筲箕灣東大街 59-99 號東威大廈地下 2 號舖	2897-7738
Shatin 沙田	Room 905-907, New Town Tower, 10-18 Pak Hok Ting Street, Shatin, N.T. 新界沙田白鶴汀街 10-18 號新城市商業大廈 9 樓 905-907 室	2698-9378
Kowloon Bay 九龍灣	Blk I, G/F, Telford Gardens, Kowloon Bay, Kowloon 九龍九龍灣德福花園 I 座地下	2750-0782
Tsing Yi 青衣	Shop Unit 308D, Level 3, Maritime Square, 33 Tsing King Road, Tsing Yi, NT 新界青衣青敬路 33 號青衣城 3 樓 308D 號舖(青衣地鐵站商場)	2431-0230
Tseung Kwan O 將軍澳	Shop 234-236, Level 2, Metro City Plaza Phase 1, Tseung Kwan O 將軍澳新都城中心一期商場二樓 234-236 號舖	2623-7200
Tung Chung 東涌	Shop 18, G/F Tung Chung Crescent, 1 Hing Tung Street, Tung Chung, Lantau 大嶼山東涌慶東路一號東堤灣畔地下 18 號舖	2403-6623

#### Remarks :

- Prior Booking is necessary.
- Please be in a fasting state (i.e. no food nor drinks – except a little water) eight hours before attending the assessment centre.
- Present the company letter upon visit.
- Please wear comfortable clothing in order to ease removal during certain investigations / tests, i.e. chest x-ray, ECG, taking of blood, etc...
- Cervical Cancer Screening – Pap Smear should be performed 1-2 weeks before or after menstrual period.
- Treatment or medication shall not be provided for the health assessment.
- Medical Report shall be either collected by the participant directly from the medical centre or be mailed to the participant.
- Exercised ECG (Treadmill) can be available only at Prince's Building (Central), Admiralty Centre (Admiralty) and HK Pacific Centre (TST).
- Conventional Mammogram is available at Prince's Building only.